



CREATING INCLUSIVE CLASSROOMS

Brain-Based Inclusive Practice for Schools



This 8-week online professional development program for educators provides a greater understanding of vulnerable children and young people, and practical, evidence-based solutions to create inclusive classrooms.

Contact us to register your interest in this program -
training@salconsulting.com.au

Course Overview

This program incorporates **Neurodevelopment, Attachment and Trauma Informed (NATI)** principles, and therefore offers a unique approach to education, development and learning.

These principles enhance the program's core content; and enables educators to work effectively with students who may have learning difficulties due to trauma or have developmental gaps leading to vulnerability.

The **Creating Inclusive Classrooms** program is very practical, it uses an authentic, genuine approach to creating an inclusive learning environment for all participants.

Content is evidence based, and data informed, with a range of readings and materials to supplement discussions. Participants are encouraged to keep their students 'in focus' leading to a collaborative approach.

Participants will gain a deeper understanding of what creates vulnerability, building a toolbox of practical strategies and frameworks to take back to their school ecology, and into the classroom.

Completing this course contributes 10 hours to your professional development requirements.

It is aligned to areas 1.1.2, 1.2.2, 3.2.2, 3.5.2, 4.1.2, 4.3.2, 6.2.2, 7.4.2 from the Australian Professional Standards for Teachers.

Contact Us:

Don't hesitate to contact us if you have questions regarding the course or if you would like a course registration form:

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T: 0439 203 615

About SAL Consulting

We are a health and human services organisation with offices in Melbourne, Sydney, Perth and Darwin.

Our practitioners work in and deeply understand the impact of vulnerability and complexity. We work therapeutically with individuals, families, teams and organisations from the education, Out of Home Care, disability, health and youth sectors to provide customised support in educational and clinical programs. We have a local team of practitioners based across the country and work in urban, regional and remote communities.

Our goal is to create strong, collaborative relationships, while building the capacity of staff working with some of the community's most vulnerable populations.

Our clinicians and practitioners are experienced, effective and responsive to your needs and aspirations.

This course has been developed and is delivered by experienced psychologists and Allied Health Practitioners who have worked in education, disability and therapeutic settings.

DURATION AND DELIVERY:

The course runs over 8 weeks with access to the online classroom and professional learning community.

The webinars will be held at convenient times, outside of face-to-face school hours.

SUBJECT AREAS:

- **Foundation Learning: Developmental Neurology**
- **Foundation Learning: Attachment**
- **Creating Safety in the Classroom (The Secure Base)**
- **Attachment Informed Relational Safety**
- **Strategies for Regulation – Individuals and Classrooms**
- **Trauma-Informed Positive Behaviour Support for Classrooms**
- **Enhancing Learning**
- **Impact and Cultural Change with Schools**

COST:

The entire course cost is \$495 (+ GST) per person, including access to the online classroom, 8 webinars and resources. Schools booking 5 or more staff will be eligible for a 10% discount.



Course Overview

Week 1: Foundation Learning Developmental Neurology

We start the course exploring how developmental processes from pre-birth occur, and how the environment is constantly shaping those developmental processes.

We look at understanding the different parts of the human nervous system, exploring brain function in the context of human development, leading to how developmental processes impact on the presentation of children and young people in the classroom setting.

Week 2: Foundation Learning – Attachment

This topic presents information on attachment, looking at how our primary attachments shape both our neurological development, and our ability to develop and maintain relationships with others.

Understanding attachment provides us with the knowledge we need to help build and maintain relationships with our most vulnerable students.

Week 3: Creating Safety in the Classroom (The Secure Base)

This week we explore the elements that help create a 'secure base' in the classroom. For children and young people who may have experienced trauma or abuse, or for other vulnerable students, a sense of safety and security is critical in providing the environment where learning can take place.

This topic includes discussion around practice inclusions that all classrooms can have to help promote a secure space.

Week 4: Attachment Informed Relational Safety

How we manage our relationships with our most vulnerable students can play a significant role in promoting learning, and even enhancing school attendance.

This topic will explore the concept of relational safety, look at strategies to develop and maintain positive relationships with vulnerable students and strategies for repair when things go wrong.

Week 5: Strategies for Regulation Individuals and Classrooms

If our students are regulated, then they are in a neurological state where learning can take place. One of the biggest challenges teachers face is dysregulated behaviour in the school environment.

This topic explores a range of processes to assess individual students and develop regulating strategies to help them calm and be in a learning state. We will also explore 'whole of classroom' strategies when supporting a number of young people who may need this type of support.

Week 6: Trauma Informed Positive Behaviour Support for Classrooms

Previous approaches to challenging behaviour have often been focused on compliance based or even punitive measures. Evidence suggests these approaches are both ineffective and even damaging for vulnerable students.

This topic will explore the alternative, looking at how to apply positive behaviour support strategies in the school environment, and practical tools to assist in applying the framework.

Week 7: Enhancing Learning

Understanding each student's cognitive, emotional and sensory profile can be of great benefit to teachers who are working to enhance learning.

This topic will explore a range of different lenses to look at student needs; and learn different ways we can assist individuals to be better prepared for learning.

Week 8: Impact and Cultural Change in Schools

This final topic will explore how to bring all the knowledge and strategies together into a framework that makes sense in your school context, and how you might begin utilising some of the strategies in the classroom.

We will also explore some of the cultural or practical barriers that may exist, and strategies to work collaboratively with others in your school environment to make change.

