



2021 training

NORTHERN TERRITORY PROFESSIONAL DEVELOPMENT

SAL Consulting NT is excited to launch our 2021 training calendar.

Our training programs focus on working with you to provide embedded learning - sustainable knowledge acquisition and practical skill development with a strong focus on neuro-development, attachment and trauma informed practice.

Our courses:

- Emphasise practical applications enabling practitioners to apply and embed new knowledge and skills into their work practice with confidence.
- Balance a mix of theory and practice with current legislation and industry standards of practice.
- Work with an organisation's own systems, policies and frameworks for service provision to provide relevant and effective learning activities.
- Are delivered by qualified trainers who have current, on the ground experience as practitioners.

SAL Consulting has been providing customised support to people and organisations within the community, disability, health and youth sectors since 2005.

We create strong, symbiotic relationships with individuals and organisations through communication and collaboration which plays an integral part in our ethos and practice.

Our service delivery is supported by latest research, best practice models and hands on approaches that can be utilised by a diverse range of professionals.

SAL Consulting is committed to assisting individuals and agencies to achieve best outcomes through meaningful collaboration and enablement.



We focus on providing you with an inspiring and motivating learning environment that demonstrates how theory and frameworks can be applied in the workplace for building better practice.



Where

We are delivering the following courses from our offices in Darwin:
25/60 Winnellie Road, Winnellie, Darwin



Date, Course & Cost

May	Wednesday 26 & Thursday 27	Proactive Approach to Safe Incident Intervention (PASII)	2 day course \$495 per person
June	Wednesday 23	Trauma Informed Positive Behaviour Support for People with Disabilities	\$295 per person
July	Thursday 8	Accidental Counsellor	\$295 per person
	Wednesday 21	Introduction to Complex Trauma	\$295 per person
August	Wednesday 18	Mental Health and Disability	\$295 per person
September	Tuesday 21 & Wednesday 22	Proactive Approach to Safe Incident Intervention (PASII)	2 day course \$495 per person
October	Thursday 21	Trauma Informed Positive Behaviour Support for Children & Young People	\$295 per person
November	Tuesday 23	Supporting Individuals with Autism Spectrum Disorder	\$295 per person



Course Details

Proactive Approach to Safe Incident Intervention (PASII)

This **two-day course** focuses on staff developing the skills and awareness to manage challenging and high-risk behaviours (including critical incidents) in a safe and informed way. The course takes a comprehensive and systematic approach designed to support individuals and teams to develop greater understanding and empathy towards a client and to prevent, predict, assess and manage incidents in a manner that helps minimise risk and provide positive outcomes.

The course focuses on a person-centred framework, putting the client, their support, development and safety at the centre of the picture. It encourages you to look beyond the challenging behaviours and understand the communicative function behind them.

Trauma Informed Positive Behaviour Support for People with Disabilities

This **one-day course** will provide participants with an understanding of the principles of positive behaviour support in line with current legislation and industry standards of practice. Staff providing support to people with disabilities who may engage in challenging behaviour require special skills, and an understanding of why people demonstrate challenging behaviour, and how they can effectively support someone who does.

You will be introduced to the theory behind understanding challenging behaviour, and also be supported to apply these theories in practical, every-day ways that can be used to prevent challenging behaviour from occurring, and also effectively supporting the person when they do demonstrate behaviours of concern. Information will be presented using a person-centred framework.





Accidental Counsellor

This **one-day course** is aimed at staff who are in non-counselling roles and looks at developing basic skills and confidence around engaging with and supporting clients who may be affected by, or disclose information of a personal, sensitive or stressful nature.

The course focuses on relationship building and basic counselling principles to manage stressful situations. The course highlights the principles of effective communication in defusing situations.

Introduction to Complex Trauma

This **one-day course** focuses on people who have a history of significant abuse and neglect who often have recurrent issues relating to their identity, the way they manage emotions, their ability to develop and maintain relationships, and the way they relate to the world around them (including difficulties complying with social and behavioural expectations).

This 'complex trauma' presentation can lead to a range of challenges for those trying to engage with and support them, as well as conflict with social, employment, education and legal systems. In the disability sector, supporting, and 'making a difference', for someone with complex trauma is a long, slow and at times tumultuous process requiring a solid foundation of therapeutic relationships. This course will provide you with an understanding of the issues associated with complex trauma, and practical approaches to 'making a difference'.

Mental Health and Disability

This **one-day course** course focuses on participants gaining a deeper understanding of mental illness and exploring the principles of how to support people experiencing mental illness. It allows participants to understand the relationship between intellectual disability and mental illness.

It will provide information on what creates good mental health, and the role trauma can play in a person's mental health. There will be a focus on mental health and disability and suitable supports and treatment planning for poor mental health.



Trauma Informed Positive Behaviour Support for Children and Young People

Providing trauma informed behaviour support to children and young people who have experienced trauma and abuse is an essential skill for professionals in Out of Home Care, disability, youth work, schools and family work.

At this **one-day practical hands-on training**, participants gain an understanding of the impact of trauma on physical and brain development in children and young people, and the different ways in which trauma presents, including behaviors of concern, and how they can be understood through considering the contexts and environments of the young people. Participants will also learn the principles of positive behaviour support in line with current research, legislation and industry standards of practice, and practical strategies on engaging with and supporting children and young people.

Supporting individuals with Autism Spectrum Disorder

Autism Spectrum Disorder, or ASD, is a neurodevelopmental disorder that affects the brain's growth and development. It is a lifelong condition, with symptoms appearing in early childhood. ASD includes a wide 'spectrum' of symptoms, skills and levels of disability. Autism is a brain disorder that affects a person's ability to communicate, form relationships with others, and respond appropriately to the environment around them.

This **one-day** course focuses on participants understanding the broad range of presenting characteristics and behaviours associated with ASD and strategies for working with people with an intellectual disability who also have a diagnosis of ASD.

Are you interested in attending?

Fill out the registration form and email to registrations@salconsulting.com.au

Have some questions?
Send us an email at training@salconsulting.com.au
or call us on 0439 203 615.

Places are limited so book early to avoid disappointment.



www.salconsulting.com.au